

The following list is a summary of reasons why each business has been included on the Spence Green Map. In many of the write-ups the Neechi criteria are referenced by number, followed by how the business met the specific criteria. Remember, businesses that recycled and adhered to two or more of the Neechi criteria have been included in our list of “green businesses”. Also, on the Green Map, each business name is followed by a number of stars that indicate the relative level of “greenness”. If the business name is followed by one star then they meet the minimum of two Neechi criteria. Two stars indicate that they meet four to six Neechi criteria, where three stars indicate that they meet seven or more Neechi criteria. Not all businesses in the area were contacted for our green business listing due to time constraints, lack of interest or because the businesses in the areas are changing all the time. We have attempted to provide a list of businesses that are practicing “green” principles. Keep in mind that this list can be updated and new businesses can be suggested to be included in the list of “green businesses”. Email, gistech@mbeconetwork.org or use the online form to suggest a site at <http://greenmap.mbeconetwork.org/suggest.htm>.

Achievers

Recycles paper. Windows are made in Winnipeg and Winkler; many of its clientele are local. It provides employment and training for local residents. The owner does not reside in the neighbourhood, although he does reside in Winnipeg. Many of the doors and windows sold are “power smart” and designed to contribute to energy efficiency.

JS Furniture and More

Recycles Paper. The store sells locally made furniture and works with local businesses and clientele. It hires local workers and provides them with training in customer service and other business related skills.

Royal Bank Branch

The branch recycles its paper. It purchases locally produced goods and services when possible, this often includes catering from Safeway and local restaurants. The branch services many local cliental (individual and business) and advertises clerks who can speak languages other than English. Because the branch is part of a large company, its profits are distributed to its shareholders, although the branch is involved in local charity work, with chartable gifts and staff volunteering their time at the United Way. Many staff live locally and the branch is involved in work experience programs in local high schools including an Aboriginal Sponsorship program. Because it is a local branch, the management does not have control over every decision made by the company. The branch promotes health and safety through it charity, which includes promoting a local health clinic.

Bargain Shop

The shop recycles cardboard. The only locally produced goods it purchases are breads and potato chips (Old Dutch). Its clientele are local. All profits are sent to head office. It hires local residents when possible, and trains them in customer service.

Prairie Stained Glass

The establishment recycles its paper and lead products. It does not purchase any local goods, but purchases services when possible. Some of its clients are local, purchasing the glass goods and attending the classes in stained glass making. The owner of the establishment lives in Winnipeg, but not in the neighbourhood, and has hired local employees at some points during the past, training them in stained glass making. The owner has invested in the community through the development of its storefront and the expansion of its business into a previously occupied neighbour. The owner has also painted a large mural on the side of its building and has examples of stained glass works in its windows, although these windows are shuttered at night.

Neighbourhoods Alive/West Central Streets

The agency is a branch of the provincial governments Ministry of Intergovernmental Affairs and is involved in local development issues and the publication of a local paper-the West Central Streets. The agency relies extensively on locally produced goods and services where possible. When meetings are held, they rely on local caterers. All aspects of the paper are locally operated with the exception of printing which is done in Brandon. The paper focuses on activities that are of concern to the Spence Neighbourhood, with local advertising exclusively and all money earned being rechannelled into local production. All employees are local, with the exception of those involved in the printing process. The agency also offers training on all aspects of reporting, writing and editing, as well as providing focus group training. All decision-making is handled locally by a number of volunteer committees composed of local residents. The agency promotes health and safety issues through the West Central Streets paper, as well as other community initiatives. The paper provides the community with information on safety, health, and wellness for local residents.

West End Cultural Centre

The centre relies heavily on locally goods and services. Many of the bands that perform here are local and the centre also promotes local artists and photographers. Part time maintenance and cleanup duties are hired locally via the Skills Bank. The centre also hires local caterers and accepts donations from Organic Planet, Bread and Circuses and Tall grass Prairie. Runs free workshops with the help of local professionals and provides youth with life skills and other programs. Organizes Ellice street festival. Holds annual free Christmas dinner for 150 people. Board members live in community. Local residents allowed to give opinions on changes they would like to see.

Jessica's Bridal

Recycles boxes and paper. Employs local residents and trained seamstresses in business. Helped organize Langside street party. Keeps the outside of building in good shape; cleans windows and allows graffiti removal. Diverse customer base with culturally sensitive business practises.

They would like to see more flowers on the outside of the street and benches – flowerpots missing between Young and Sherbrook. More visual improvement may help encourage more business and businesses. They would also like to see Furby street repairs as most other streets, which are in better condition, have already been repaired.

Drazzah Connection

Buys and sells goods from and to community residents. Upkeeps and improves the building's appearance (repaired sign).

Best Way Foods / No. 1 Foods

Recycles (didn't get full notes). Sells goods to local community.

Marcia's Salon

Recycles. Locally owned and operated, shops within the community. Provides goods and services to local residents. Helps improve the physical health of the people of Spence.

Luso's Gift Shop.

The establishment is a gift shop that sells a variety of items (many of which are catholic paraphernalia). Due to their market niche, they do not buy local goods and/or services. Many of the clients are local, presumably the ethnic Portuguese Community which resides in the area. The business is locally owned and operated as a family run business. The owner lives above the shop and makes all personal purchases locally. The shop contributes to the safety of the neighbourhood by keeping the area lit up at night. He is also involved in the West End BIZ and donates prizes to local community events.

Ingram Consulting

The firm offers project management consulting for First Nations Communities. Due to their clientele, none of their business is local. The firm does recycle and purchases some supplies from local stores. The firm is independently owned and puts its profits back into the firm. When possible, they will hire locally and contribute to the skill development of local residents. They contribute to the neighbourhood health and safety by investing in the property, donations and involvement in the community. The interviewee stated that they attempt to build relations with local businesses and that they are "here by choice".

X-Cues

The firm is a local billiards hall and coffee shop. They recycle paper products. X-Cues buys locally made tea and coffee from an establishment called Common Ground. About half of their clientele are from Spence and the other half from other areas in Winnipeg. The establishment is locally owned, as such all decisions are locally made. The owner has invested the profits though owning three homes in the neighbourhood. The cafe employs local residents and contributes to skills development through a scholarship program and providing work experience through the high schools. The owner is also involved in the Sargent Street Festival.

Soap Opera Laundry

The establishment is a Laundromat and cafe, lottery outlet. The business does not purchase any local goods or services but most of their clientele are local. The owner of the establishment is not local, although some profits have been reinvested in the community through donations to the Spence Neighbourhood Association. The establishment employs residents of Spence Neighbourhood and trains them in customer service and laundry folding.

John's Hair Design

The owner tries to recycle but has complained of poor recycling programs and the theft of blue boxes. The owner did not purchase any goods or services locally. Most of the salon's clients are from outside of Spence, although there are some local clientele. The owner lives above the salon. The establishment does not hire local labour, as it is family owned and operated. They do not contribute to skills development, as hair stylists must receive their training in a formal institution. The owner has been involved in the community as a former president of both the Spence Neighbourhood Association and the west end BIZ

John Howard Society

The agency is a non-profit group that provides advocacy and support for the incarcerated and their families. They practice recycling.

- 1) The agency uses local catering and cleaning services, as well as the use of local volunteers.
- 2) While some clientele are local, many of their clientele are found throughout the city or are in correctional institutions.
- 4) The John Howard Society tries to provide employment of local residents, and post opportunities on its bulletin board and through advertisements in West Central Streets.
- 5) The John Howard Society does not provide direct training, but provides other agencies (such as the West central Women's resource centre) with space in which to operate.
- 6) All decisions are made, locally, although the John Howard Society is a Canada Wide organization.
- 7) The Society works to improve the health of community residents through its involvement in community events; the staff volunteer at the Ellice Street Festival.
- 8) The Society contributes to neighbourhood safety through providing a clothing depot for men who have been released from prison.
- 9) The society promotes interaction within the community through its support for incarcerated people and their families and providing meeting space and bulletin boards for community groups.

Sargent Street Auto Repairs

The establishment recycles tires, oil and auto filters.

- 2) Most of the business's clientele is local.
- 3) The owner lives in Spence.

- 4) The business employs local residents.
- 6) All decisions are locally made by the owner.

Spence Neighbourhood Association

The Association recycles and composts waste

- 1) The association looks to the Community first to obtain goods and/or services, through agencies such as the Skills Bank.
- 2) Examples of services provided include gardens, 1st jobs for youth, the Skills Bank, and grants for community organizations, individuals youth and housing-this is a mandate for their government funding.
- 3) Any profits generated by the SNA are reinvested in future endeavours.
- 4) The SNA provides employment of local residents as part of its mandate.
- 5) The SNA develops skills for the local residents through the Skills Bank, pre-employment programs, volunteers, capacity building and the community research hub.
- 6) All major decision are made through the SNA Board of directors, all of whom reside in the neighbourhood.
- 7) The SNA contributes the neighbourhood health and safety through a variety of programs, including housing stability, neighbourhood safety, poverty and nutrition and healthy living.
- 8) The raison for being for the SNA is to promote belonging and not being pushed out, supporting low-income housing and support for families.

West Central Women's Resource Centre

The Centre recycles paper

- 1) The Centre obtains the food it uses for its programs from Winnipeg Harvest's surplus; the Cupboard purchases its food from Harry's Foods, the clothing depot receives donations of spare clothing. When possible the centre relies on local volunteers.
- 2) Most of the centre's activities are directed to local use. As the name suggests, many of the activities revolve around women, but the clothing depot and community cupboard can be used by anyone.
- 3) The agency is non-profit, any profits generated by the Community Cupboard would be reinvested in the centre's activities.
- 4) None of the centre's employees live in Spence, although many volunteers are local.
- 5) The centre provides for skill development through its services at the Cupboard and clothing depot. The centre also accepts interns through various educational institutions.

- 6) All decisions made at the centre are done through the staff and volunteer committees.
- 7) The Centre works to improve the health of community residents through providing nutritional snacks and food, as well as workshops conducted by a local Winnipeg Regional Health Authority Nurse.
- 8) The centre contributes to the health and safety of the neighbourhood through its “Peace Begins at Home” program, as well as the activities of its Personal Safety and Family Committees.
- 9) The centre tries to contribute to neighbourhood stability.
- 10) Much of the centre’s activities focus on human dignity, particularly for women and aboriginals.

Magnus Eliason Recreation Centre

- 1) The MERC offers natural food through a local Food Not Bombs Program.
- 2) The centre provides services to local residents through its youth programs, community meeting spaces for user groups, healthy snacks and events in the gym, New Directions, Building Belonging and various after school programs.
- 3) This organization is run as a non-profit.
- 4) Some of the staff at the MERC are local residents.
- 5) The MERC contributes to local Skill Development by allowing local groups to use meeting space, the multi-purpose room and gym for these purposes.
- 6) Daily decisions are made by the local staff, while major decisions are made by the staff, the Spence Neighbourhood Association and the City of Winnipeg.
- 7) The mandate of MERC is to provide public services that promote active living, recreational services, partners and user groups such as Healthy Start for Mom and Me and Narcotic Anonymous.
- 8) The MERC Contributes to the physical environment by providing a park, and garden facilities that promote active living and deter crime.
- 9) The MERC contributes to neighbourhood stability by providing programs, which are permanent.
- 10) The MERC promotes human dignity by providing space for community organizations that wish to use the facility, charging low user fees.

Ellice Café

- 1) Where possible, the café buys locally grown produce and meat, when these items are in season.
- 2) Many of the café’s clientele are local.
- 3) All profits are put back into the café, which keeps the prices low.

- 4) The café will hire local residents but other priorities are a factor in hiring.
- 5) The café will train people in cooking, food prep and customer service.
- 6) All decisions are made locally.
- 7) The café contributes to the local health of the neighbourhood by providing healthy meals, allergy-free meals as well as meals at reduced rates for diabetics who reside in Lazarus housing.
- 8) The café contributes to the physical environment by ensuring that people eat better and providing a safe place and refuge from the gangs.
- 9) The Café contributes to long-term stability by providing a place that is welcoming and accepting, promoting healthy choices and improving self-esteem.

Ellice Theatre

- 1) The theatre is looking into creating a cultural night, which would provide local entertainment.
- 2) The theatres focus is on providing entertainment for the community.
- 3) Any profits generated by the theatre will be returned to New Life Ministries.
- 4) There is one local full time employee and a number of volunteers.
- 6) All decisions are made locally.
- 7) The theatre contributes to public health by providing a venue for family activities and promoting young entrepreneurs.
- 8) There is the possibility of the theatre contributing to neighbourhood stability.
- 10) The theatre promotes human dignity through its focus on the provision of long-term family activities.

Wii Chiiwaakanak Learning Centre

Note: the Coordinator was new to the job was somewhat unfamiliar with all the past activities of the centre.

The centre is part of the University of Winnipeg and recycles paper products. They obtain all goods through the University but partner with local organizations and their training programs. The centre provides local facility space, training in computer and an elders teaching circle. Because it is part of the University, there are no profits to reinvest. They do not provide employment, but are working on such a program through their training initiatives. Their mandate is to develop skills for the residents of Spence, but this process is in the early stages. The centre's decisions are made locally in cooperation with other community organizations on community projects, although the centre is attached to the University of Winnipeg. The centre improves the health of community residents through its elder learning circle, Aboriginal languages program and Aboriginal cultural revival for Aboriginal Community members.

Rolling Rhino

Rolling Rhino is a publishing company that recycles its paper waste products. All printing of the company's publications is done locally, with some printing being done at Kendrick's. All suppliers are local in Winnipeg, although they are not in Spence. Some of the firm's clientele are Winnipeg based, including the Downtown, West End and Exchange District Business Improvement Zones. The firm reinvests its profits through its support of local businesses. At present, the firm does not have any employees who live in Spence, although they have one who lives in the West End. The business helps develop skills through its competition prize offered through Red River College's (Princess Street campus) creative communications program, as well as accepting student placements from Red River College. The firm is locally owned and operated, and all decisions are locally made. The business helps contribute to neighbourhood stability by offering its publishing services.

Old House Revival Company

The firm specialized in the buying and selling of second hand household parts, such as lampshades and furniture parts. This is the only recycling that the firm does, although they are trying to start paper recycling. The owner lives in the neighbourhood, and thus all profits remain in the neighbourhood. The firm has no employees who live in Spence, but the owner will hire local labour when it is called for (i.e. minor repairs and the like). The firm does not provide any skills training for local residents, but indicated that there may be potential for this in the future. All decisions are locally made by the owner. The management feels that the presence of the business contributes to neighbourhood stability. They also indicated that local residents use to business to purchase various goods used in the restoration of local houses.

Rasoi

The business is a freestanding fast food outlet that specializes in ethnic East Indian fast food. The business recycles paper products. The business uses locally grown produce when possible. 80% of the firm's clientele are from the Spence Neighbourhood. The restaurant puts its profits back into the business and provides local employment and skills training in food preparation, customer service and business skills. The owner makes all decisions locally, although he lives in St Boniface. The restaurant contributes to the health of the neighbourhood by providing fat free food for sale.

University of Winnipeg Student Association Daycare

The agency is a childcare centre operated by the University of Winnipeg Student's Association. The centre recycles its papers.

- 1) The centre is currently examining using locally produced organic produce.
- 2) The centre gives priority to University of Winnipeg students, but will accept children of community residents.
- 3) The centre is non-profit.

- 4) Some of the centre's employees are local residents.
- 5) One of the centre's main focus is to develop social skills for local children.
- 6) All decisions are made locally, although the centre is still subject to government childcare regulations.
- 7) The centre serves nutritious foods and provides information about nutrition and healthy choices.
- 8) The centre works to build community / parent relationships and works to be culturally sensitive. For example, they do not have any type of holidays and will bring in people of different backgrounds to demonstrate diversity.

TD Canada Trust Branch

The branch recycles and has energy efficient lighting and other features

- 1) The bank relies on local businesses for catering and often has representation at meetings of the west end BIZ.
- 2) Most of the banks clientele are local and services are offered in a variety of languages.
- 3) The bank does not redistribute profits other than local charitable works.
- 4) The bank provides employment of local residents and has employees who are fluent in the following languages: Spanish, Tagalog, Portuguese, Polish, Punjabi and French.
- 5) The school conducts banking seminars in local schools as well as Mortgage seminars with the Philippine Community.
- 6) Being a branch, the manager has control over some aspects of the business, as dictated by upper management, in other instances; activities have to be confirmed by upper management outside the branch officer.
- 9) The branch has been in the neighbourhood for 50 years and intends to stay.
- 10) The branch manager is a director with the Portuguese Association. The branch also offers banking seminars through the SNA and West end BIZ, as well as supporting festivals put on the by the BIZ.

Pyramid Falafel

- 1) The restaurant serves produce, which is locally grown.
- 3) The owner lives in Winnipeg but not in Spence.
- 6) All decisions are made locally by the owner.
- 7) The restaurant serves healthy vegetarian food.

Open Door Press

- 1) The business does not use locally produced goods and services.
- 2) Many of the business's clientele are local, usually businesses or non-profit groups.
- 3) All profits are reinvested as the business is run as a collective.
- 4) The business provides employment of local residents.
- 5) The business does not develop skills for the residents of the community.
- 6) A collective makes all decisions locally.
- 7) The business serves as eyes on the street in a residential neighbourhood.
- 9/10) The business promotes positive interaction by providing serves at cost for local clientele.

Caribbean Shield

The business tries to recycle, but such services are lacking for businesses.

- 1) The business serves vegetables that are locally grown.
- 2) Many of the business's clientele are local, but not all live in Spence.
- 4) The business employs local residents.
- 6) All decisions are made locally.
- 7) The business serves as an outlet for food that cannot be obtained elsewhere.

House of Opportunities

The House of Opportunities is an employment preparation agency.

- 1) The HOO gets its supplies from local retailers and often has its meals at the Ellice Cafe. All cleaners are hired locally, and any odd jobs and maintenance are hired through the local skills bank. Breakfast supplies for clients are provided through the Winnipeg Harvest.
- 2) The services are directed to a local clientele. Training them for re-employment, resume preparation and preparing for the work force.
- 3) The centre is non-profit.
- 4) There is one full time employee who resides in Spence. All other local labour is provided by the Skills Bank if necessary.
- 5) The purpose of the HOO is to develop job seeking and holding skills for the residents of Spence.

- 6) All decisions are made locally through participatory consensus.
- 7) The HOO contributes to the health and safety of the neighbourhood and residents through its employment readiness programs, which through improving income and employment, will increase health and safety and allow residents to invest in the community.
- 7) The HOO promotes positive interaction by connecting local residents with jobs, building relationships with local businesses and partnering with organizations such as the SNA, West Central Women's Resource Centre and New Life Ministries.

Furby Auto Parts

The firm is the main office of an auto parts supplier. They recycle metal and cardboard

- 2) Some of their clientele are local, others are citywide.
- 3) The firm employs one local resident.
- 5) The firm does provide on the job training.

Tri-Star Electrical Contracting

The firm is the office of an electrical contractor. The firm recycles metal and paper

- 2) The firm has some local clientele.
- 5) The firm would provide training if necessary.
- 6) All decisions are made locally.

Mini Mart

The firm is a small convenience store located in the basement of the Lions manor. They recycle paper.

- 1) The firm gets its supplies from local wholesalers such as Harry's Foods, Morden's Chocolates and Oma's Bakery.
- 2) The firm's clientele are local, many of who live in Lion's Manor.
- 3) All revenues generated go to Lion's Manor.
- 6) All decisions are made locally.
- 7) The business provides a safety net for those who cannot go outside, helping them to continue their independence.
- 9) The firm promotes neighbourhood stability and human dignity by servicing as a visiting area especially for residents without families.

7x16 Convenience store

The store is a convenience store that operates on the site of a former 7-11. The business recycles paper.

- 1) Some of the business's food is produced locally.
- 2) Most of the store's clientele are local.
- 3) The owner of the store works and lives in the neighbourhood.
- 4) The store employs local residents, giving them priority when it comes to hiring.
- 5) The store trains its employees in shop-keeping and customer services.
- 6) All decisions are made locally.

International Brotherhood of Electrical Workers

The business in question is the local branch of the International Brotherhood of Electrical Workers Union. The business recycles its paper products.

- 1) The business gets its water from a local company and relies on local cleaners and caterers.
- 2) The services are not for local use.
- 3) The union is non-profit, although it does provide local labour for various contractors.
- 4) The business relies on contractors and does not use local labour.
- 6) All decisions are made locally.

Winnipeg Lock and Key

The business is a locksmith and sells locks and keys. The business is family owned and operated.

- 1) The business relies on local banks and gets some parts and insurance locally.
- 2) The firm's clientele are local.
- 3) The owner does not live in the neighbourhood.

Fleet Auto Body

The business is an auto body shop.

- 1) The firm uses local services and gets some of its products locally.
- 2) Many of the firm's clients are local.
- 3) The firm is locally owned but the owner does not live in Spence.
- 4) The firm does not rely on local labour.

- 5) The firm provides training for its employees in the field of auto maintenance.
- 6) All decisions are made locally.

D'ellas Formal Wear

The firm sells formal wear for young Children.

- 2) Some of the firm's clientele are local, but they do business province wide.
- 4) The firm has used local labour in the past, but does not at present.
- 5) The firm does train its employees in the various aspects of the business.
- 6) The firm makes its decisions locally.

Ellice Dental

The business is a dental practice. The business recycles.

- 1) The firm does not use locally produced goods or services.
- 2) Half of the firm's clientele live in Spence.
- 3) The owner does not live in Spence.
- 4) The firm does provide employment of local residents.
- 5) The firm does train its employees.
- 7) The firms practice is to improve the dental health of its residents.

Akin's International Foods

The firm sells food and hairstyling products such as hair extensions.

- 1) The firm does not use locally produced goods or services.
- 2) The firm's clients are local.
- 3) The owner lives in the neighbourhood.
- 6) All decisions are made locally.

Spence Neighbourhood Skills Bank

The Skills Bank connects members to odd jobs and other work in the community. The Skills Bank member and the employer negotiate the pay, the work and the time commitment. Skills Bank members are not employees of the Skills Bank, but independent contractors. While we monitor our Skills Bank members, we are unable to guarantee their work 100%. However, the Skills Bank has a rating system and we have successfully linked Skills Bank members to businesses and residents who hire.

- 1) They use locally produced goods and services.
- 2) They produce goods and services for local use.
- 3) The agency is non-profit.
- 4) Yes, there is one employee of the skills bank, but the members of the bank are considered to be independent contractors.
- 5) They are involved in local skills development.
- 6) All decisions are locally made.
- 7) They help in the promotion of public health.
- 8) They are involved in the improvement of the physical environment.
- 9) They are involved in the promotion of neighbourhood stability.
- 10) They are involved in the promotion of human dignity.

Just Like New To You

The business is a thrift shop run by the Health Sciences Centre.

- 1) They use locally produced goods and services.
- 2) They produce good and services for local use.
- 3) They locally re-invest profits.
- 6) Local decision-making is important to this organization.
- 11) Mutual aid support among organization is supported by this organization.

West End BIZ

The agency is a non-profit whose aim is to build a stronger West End community, enhancing and supporting our business interests and residential neighbourhoods, and establishing lasting working relationships member organizations, building upon the strengths, traditions and cultures of the area.

- 1) They use locally produced goods and services.
- 2) The services they provide are geared specifically towards the local business community.
- 3) They re-invest profits locally.
- 4) They employ local residents.

- 5) They use local decision-making.

Spence Street Thrift Shop

The shop is a thrift store that operates in conjunction with a pregnancy support services program.

- 1) The centre uses locally produced goods and services.
- 2) The centre produces services for local use.
- 3) All profits are re-invested, presumably in the pregnancy and family services programs.
- 4) The agency provides employment of local residents.
- 5) The agency trains its residents in skill development.

Black Sheep Diner

- 1) They use locally produced goods and services.
- 2) They produce goods and services for local use.
- 4) They do employ local residents.
- 5) They are involved in local skills development.
- 6) Decision are made locally.
- 9) They are involved in the promotion of neighbourhood stability.

We do use compostable take out containers, and provide bonuses for those who bring their own containers.

-We also use local foods and products, don't use a deep fryer or hydrogenated oils. We are working on getting preserves from a local producer in the West End.

-Workers are paid a fair wage, and serious decisions are discussed with all staff, four of the staff members are indeed from the area with two more on the way. We also participate in the first jobs for youth program.

-This summer we are developing partnerships with a composting program and a community garden in the West End. Further we are looking forward to participate in the Ellice St festival. If time and energy permits we will host workshops and visits this summer. We do recycle and compost.